

# Caboolture Central Early Education Centre & Preschool

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Queensland  
Childcare Services

## NEWSLETTER

November 2011

Editor: Clare Hamilton

*"achieving great things with little people..."*  
**Education Through Care.**

### News From The Office

Welcome to all of our new families who will be reading their first Caboolture Central Newsletter. I encourage you to read all sections, so you can be kept up to date on all areas of our service. This also helps for you to get to know other staff, and the types of programs that are running in other rooms, this way as your child grows older, you will know more about the rooms they are moving into.

Very exciting times with 'Yummies for Little Tummies' beginning 24<sup>th</sup> October 2011. The staff have attended training, in relation to safe food handling and the correct procedures for heating and serving the Y4LT menu. We are all eager to see how well the children adjust, and believe that this is a very positive step for the families at Caboolture Central. At anytime, please feel free to drop in at a meal time and become part of our day.

See how the children enjoy the meals, and also what types of food will be on offer. If you have any concerns in relation to what your child is eating, please see the staff or myself at any time.

A BIG thank you to those families who quickly returned their direct debit forms. As you would be aware we have many families attending our service and it is a very big job chasing you all down and getting you to complete forms on time. PLEASE if you have not completed one yet, or spoken to me in relation to this, come and see me ASAP. We have until the week of **1<sup>st</sup> November 2011**, to have this in place, and to ensure all families are continuing to follow QCCS policies and procedures. Placements are filling up very fast for **2012**. Make sure you do not miss out on the days you need by returning the reenrolment form. If you

require a new form, please ask a staff member or myself to help you.

We are in the process of planning the Children's Christmas party. If you have any ideas or suggestions, we would love to hear them; you can either discuss these with



myself or write them down and place them in the fees box. All feedback is always appreciated. As we get closer, look forward to seeing your invite appear in your pocket.

We have been very busy this month. We have been exploring "under the ocean"



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## NEWS UPDATE

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The Australian Institute of Early Childhood Studies (AIECS) is the Registered Training Organisation for the management and staff of Queensland Child Care Services (QCCS). The training college was established in 2002 to act as the primary resource for the QCCS staff professional development and training in Childcare qualifications. The AIECS also provides nationally recognised qualifications in Early Childhood and Training and Assessment as well as first aid and CPR training. The college is run by a team of dedicated Early Childhood specialists, each with over 10 years' industry experience.

The AIECS is currently leading the way in training in industry changes for centres across Queensland. A very important focus for both the college and the centre staff at present is the implementation of the Early Years Learning Framework, which came into practice in July 2010. AIECS and QCCS are amongst the first in Queensland to train and be trained for the transition to an Emergent Curriculum.

AIECS offers

- Certificate III in Children's Services
- Advanced Diploma in Children's Services
- First Aid & CPR
- Diploma in Children's Services
- TAE
- Professional Development

and creating lots of artwork about all sorts of sea creatures



we can find in the sea. We enjoyed touching the starfish and shells that were in the water. We

have also been learning about shapes, creating lots of artwork and playing with the shapes and shape sorters. We welcomed some new friends this month and look forward to spending time with them. We also had some Babies move up to the Toddler Room; we miss them very much but look



forward to seeing them grow throughout the Centre.



As its becoming warmer don't forget to bring a hat and a drink. Any questions feel free to come and see us.

#### News from the Toddlers

We would love to welcome all our new families to our room. Also a big welcome to the Babies who have now graduated up to Toddlers. We have been focusing on multiculturalism and have been very busy doing artwork to reflect this. We've had fun hand painting and footprint painting. In the coming weeks we will be learning about space, so we are looking forward to learning

about planets and the solar system. A popular area of play has been home corner, dolls and prams. The children have also enjoyed using our car mat along with the variety of cars. A few of our toddlers have begun the process of toilet training, so if you wish for your child to begin, or if you have any other questions, do not hesitate to speak to us.



#### News from Senior Kindy

Wow! How the year is flying past, Christmas will definitely be here before we know it. The children in the Senior Kindy room have been extremely busy doing lots of different learning about objects that spin such as learning through different art works like marble, tennis ball and roller painting. The children have also had turns of yo-yo's and making them spin but we did find them a little bit tricky to spin back up the string. We have also used dancing ribbons to spin around with as we listen to various music with "Cotton Eyed Joe" being one of the most favoured songs to dance to. We have also started a "number rhymes" pod and the children have made a Indian headpiece decorated with feathers which they wore as they sang the song and made the sound of the Indians using their hand over their mouth, we have also made a fish using their handprint and added an eye as their fish for the song "1,2,3,4,5 Once i caught a fish alive". Please remember to supply a hat as the warmer weather is

now approaching and I am sure you would rather your child wear their own hat than a spare one, please also feel free to bring a drink bottle full of water so as your child can help themselves to a drink throughout the day as it gets hotter. Any questions please feel free to talk to either Margie or myself.

#### News from School Readiness

The School Readiness Room has also been extremely busy working on their many pods in the room such as their Camping pod, have you checked this one out, the camp fire with the chairs around it, the sticks with the marshmallows for toasting



and the children have also been very busy doing artwork like tents and cooking utensils, all which teach the children about what happens when you go camping in the great outdoors. Another pod that they have been working on is their bodies, they have been learning about what their bodies are made up of and what job they do in their bodies, and how they work. Nutrition is also a very important part of the School Readiness children's day as they learn about why they need to eat healthy and nutritious foods and how it helps to make their bodies big and strong.

# SUNSAFETY POLICY

Babies and young children have very sensitive skin that will burn easily, which is why sun protection for young children is vital in the fight against skin cancers.

## HATS

All children attending the Centre must be provided with a suitable sun hat for outdoor play (we strongly suggest a hat with a wide brim and/or one with a flap on the back). This hat must be named and either brought to the Centre daily by the responsible parent or left at the Centre. We operate on a policy of **NO HAT — NO SUN PLAY**. Children who do not have a hat will be encouraged to remain in a shaded area for outdoor play, where activities will be provided.

Hats will be stored appropriately, eg on pegs not touching each other or in individual children's lockers, and it is suggested that the hat be taken home on a regular basis to be washed.

## SUNSCREEN

We believe that children should never be left unprotected in the sun, especially between the hours of 10am and 3pm. We prefer the children are not outside between 10am and 3pm unless they are in shaded areas and kept cool.

Sunscreen, ideally should be applied to clean dry skin approximately 20 minutes prior to going out in the sun. However, if this cannot be attained, staff will apply sunscreen to the child upon arrival to the Centre and throughout the day before they go outdoors. A SPF30+ Sensitive Skin Sunscreen is provided by the Centre that staff and parents have access to. Staff will encourage older children to apply their own sunscreen and with younger children will apply sunscreen using a separate tissue as an applicator for each child.

Many children have very sensitive skin and may have an allergy to a particular sunscreen. A reaction may take the form of more severe sunburn, rash, itching, swelling, burning sensation, welts and flares. If this occurs with a child, remove the sunscreen immediately and bathe in cool water. Your local medical practitioner or pharmacist will be able to advise on a more suitable skin protection.

Sunscreen will be applied all year round regardless of weather, as well as being applied every two to three hours. Children at the Centre spend no longer than three hours outdoors at a time, therefore one application prior to every outdoor session is required. All areas of exposed skin are covered including legs, feet, backs of hands, ears, face and arms.

## OUTDOOR SESSIONS

The Centre endeavours to organise its programme and outdoor play sessions out of these times, as well as setting up outdoor activities predominately in shaded areas. If due to extreme weather children cannot access the outside areas before 10a.m. and/or after 3p.m. they may do so between these hours remaining in the shade and kept cool.

## CLOTHING

The Centre is involved in an ongoing and daily process of educating the children and their families about appropriate clothing and sunglasses to wear in the sun. Children are encouraged to wear T-shirts or shirts with sleeves, collars dark coloured, closely woven fabric preferably made with natural fibre.

## STAFF

Staff will act as role models by wearing sunscreen, appropriate hats and can wear sunglasses outdoors. Parents spending time at the Centre and other visitors will be encouraged to comply. Staff will establish and follow a monitoring system to ensure all children have sunscreen applied at all times when outside.

## THANK YOU

Please fill out the following and return.

I am happy with the current SUN SAFETY policy

Yes       No

Suggestions: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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